



## COVID-19 CASES & CLOSE CONTACTS – NOTIFICATION, ISOLATION & QUARANTINE PROTOCOL

### COVID-19 CASES:

#### *REQUIRED NOTIFICATION:*

Members of the campus community - students, faculty, staff – who test positive for COVID-19 must immediately notify LUMS by emailing [health.safety@lums.edu.pk](mailto:health.safety@lums.edu.pk).

#### *ISOLATION:*

In accordance with current guidelines, members of the campus community who test positive for COVID-19 will be required to isolate away from other members of the campus community for a minimum period of 10 days after symptom onset (see <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html> ) and can be released from isolation only after they are feeling well (without fever reducing medication) for at least 24 hours, however in this regard we will follow the Government of Pakistan variation that says at least 72 hours.

#### *IN-PERSON CLASSES:*

As soon as we find out that a COVID-19-positive student had attended in-person classes we will:

- Immediately notify the instructor of the course, HoD and the dean.
- An email will go out to the whole community with the name of the student and other relevant details about the case. The instructor of the class with COVID-19-positive student should halt in-person interaction for at least two weeks and take their course online.
- We will email all the students in the impacted course to tell them that they should not come to campus during this period if they are day-scholars, and to quarantine themselves if they are hostel students.
- If these students are taking other in-person classes, an email will be sent to those instructors informing them that students could have been exposed to the Covid-19 virus and are in quarantine.

### CLOSE CONTACT:

#### *DEFINITION:*

A **close contact** is defined as any individual who was within 6 feet of an infected person for a cumulative total of at least 15 minutes over a 24-hour period starting from 2 days before illness onset or, for asymptomatic patients, 2 days prior to positive specimen collection.

#### *QUARANTINE:*

In accordance with current guidelines, members of the campus community who are a **close contact**, will be required to quarantine away from other members of the campus community for a minimum period

Ver 3.0 [22.08.2021]

of 10 days after the last (most recent) contact with the COVID-19 Case. The same applies to students in the LUMS quarantine facility. However based on CDC options to reduce quarantine <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>, the Medical Center Doctor can make a determination whether a reduction is warranted. If a **close contact** develops symptoms, s/he should follow isolation rules for COVID-19 Case.

People who are fully vaccinated also need to quarantine and can get tested after 72 hours of quarantine (on their own expense) and if the test is negative, can come out of quarantine on the determination of the Medical Center Doctor.

#### *HOUSEHOLD CONTACTS:*

Household contacts with a COVID-19 Case, where separate living quarters have been maintained since specimen collection for COVID-19 Case, should quarantine for 10 days after last exposure to a COVID-19 Case. Household contacts that share a room/living quarters (i.e., have ongoing contact with or exposure to COVID-19 Case) should quarantine during contact and for 10 days after COVID-19 Case is released from isolation.

People who are fully vaccinated also need to quarantine and can get tested after 72 hours of quarantine (on their own expense) and if the test is negative, can come out of quarantine on the determination of the Medical Center Doctor.

#### *REQUIRED NOTIFICATION:*

Resident students who are a *close contact* of an individual who has tested positive for COVID-19 must immediately notify LUMS by emailing Assistant Director Covid-19 Operations [tariq@lums.edu.pk](mailto:tariq@lums.edu.pk). Day scholars who are a **household contact** of an individual who has tested positive must quarantine at home. If they have in-person classes, they must immediately inform their instructors and refrain from coming to campus. Similarly, staff who is a household contact of an individual who has tested positive must immediately inform their supervisors and heads of departments. In the same vein, faculty should inform their respective Department Chairs and Deans.

#### *CAMPUS & COMMUNITY COMMUNICATION:*

To the extent allowed by Government of Pakistan regulations, LUMS will strive to keep the campus community apprised of COVID-19 cases that stem from LUMS students, staff and faculty.