STOP CORONAVIRUS: TAKE PRECAUTIONS

With reported cases of COVID-19, a form of the Coronavirus on the rise in Pakistan, here’s how you can protect yourself and your loved ones.

Know the Signs and Symptoms

- Fever
- Cough
- Sneezing and runny nose
- Sore throat
- Shortness of breath and breathing difficulties

Preventive Steps

- Wash your hands often with soap and water
- Avoid touching your eyes, nose, and mouth
- Cover your mouth and nose when you cough or sneeze. Discard used tissues immediately
- Do not share items such as utensils, cups, bedding, and towels
- Build your immunity by taking Vitamin C and adequate rest
- If you feel sick and are on campus, get in touch with the LUMS Health and Wellness Centre immediately

Protect yourself and others from getting sick

Coronavirus can be transmitted from person to person, usually after close contact with an infected patient.

If you display symptoms, do not delay seeking medical care as your condition could deteriorate and you could potentially be infecting others.

For medical assistance contact 042-35608500, 042-111-115-867 Ext. 2543, 8500